WHITEFISH BAY ACTIVITIES NEWSLETTER



TRADITION, EXCELLENCE, SPORTSMANSHIP, DUKE PRIDE

Important Information for All Students

Have you signed up for a club yet? If not, signing up for a club is a great way to:

- Make new friends
- Have fun
- Connect w/ Whitefish Bay Staff
- Find your passion
- Be active in the school community
- Engage in healthy competition

Check out the <u>Virtual Activities Fair</u> for all information regarding our amazing clubs!

Fitness Center Available for All Students

The Fitness Center will be open for all students Monday through Friday (while school is in session) from 4:00 - 5:45 PM. Due to COVID restrictions, the following plan will be in place:

- Mondays (We will have two sessions available to students: 4:00 4:50, 4:55-5:45. Each session will have a maximum of 25 students.)
- Tuesday Friday (We will break up the students into two groups, fitness/agility on the basketball court, strength/conditioning in the fitness center. Groups will switch at halfway point.) We can hold a maximum of 50 students on these days due to Coach Yoshi being on hand.

Masks will be required at all times and social distancing will be practiced at all times. If a student is not wearing a mask/practicing social distance, they will be asked to leave.

Follow Athletics and Activities on Social Media

Make sure to follow us on Twitter and Instagram for up to date news and information on all teams and clubs.

Twitter: @WFB_BLUEDUKES

Instagram: wfb_athletics_and_activities

Boys Track Team Performs Well at Invitational and Conference

This year the Whitefish Bay Boys track program continues to get better each week. On Saturday, May 22nd at the Carleton Sitz Invitational, which was held at Wisconsin Lutheran High school, the boys track team had strong performances by junior Joe Brunner who won the discus and then proceeded to place 3rd in the North Shore Conference meet in the Shot Put on Tuesday, May 25th at Cedarburg High School. Junior Michael Strecansky had a 3rd place finish in the high jump at the invitational as well, then had a great showing at the North Shore conference days later with a 3rd place finish in the high jump and a PR (personal record) in the 110 high hurdles with a new time of 16.06. The boys 4x800 meter relay took second at the conference meet and continued their strong dominance.

Three varsity boy's distant runners participated in the West Allis Hale Distant night on Saturday, May 22nd and ran amazing PR's in the 3200-meter race. Junior Jonathan Lukas ran a 9:39.99, senior Jacob Anzia ran a 9:56.49 and junior Jonah Block ran a 10:02.37.

Then, there were huge performances from standout freshmen Ryan Scarlett and Landon Gallun as they continue to improve tremendously every meet. Scarlett set a new PR in the long jump with a jump of 18'10.5inches, and Gallun running a new PR in the 200m with a time of 23.89. The Whitefish Bay Boys track program is the true definition of quality over quantity with these young men competing weekly at a top level.



Girls Track Team Impressive as Season Progresses

The varsity girls track and field teams continued their successful 2021 season with the JV girls team winning the competitive North Shore Conference meet on May 18th. They had key first place finishes by freshman Essence Burrows in the 100m dash and long jump, freshman Mary Block in the 1600m run, and freshman Josie Anzia in the 3200m run. The 4x100m relay and sophomore Kate Brugman's pole vault performance also won for the Blue Dukes.

On the varsity side, the girls finished second place in the North Shore Conference Relays behind Homestead. On Saturday, May 22nd the athletes put in tough performances in the heat to finish second out of seven teams at Wisconsin Lutheran High School. Sophomore Lola Kolawole continued her impressive season with a win in the 100m dash and ran on the second play 4x100m and 4x200m relays. Additional first place finishes include junior Anneh Britz in the high jump and the 4x800m and 4x400m relays. The team is primed to finish the season strong for the remainder of the championship season in June!



Varsity Boys Tennis Team Playing Well, Ready for Conference Championship

The Whitefish Bay High Boys Tennis Team continued its successful season with a big non-conference win over University School-Milwaukee and conference wins over Grafton and West Bend West. In the dual match against University School, WFB won three match tiebreakers, to earn a 4-3 team victory. With the match tied at 3-3, WFB's #2 Singles player, junior Jeff Zhao, came back from down 6-9 in his match tiebreaker to win 11-9 and put WFB over the top.

The WFB Boys Tennis Team continued its success this past weekend winning 3 out of 4 matches in the Nicolet Invitational. Freshman Ty Schneider continued his successful season with a good win over Sun Prairie's #1 singles player, 10-8 in the match tiebreaker. And juniors Ben Schneider and Kevin Ji had a big win over Sun Prairie's #1 Doubles team 14-12 in the match tiebreaker. Due to WFB's recent success, the WFB Boys Tennis Team continues to be ranked in the top 10 in the State.



2021-2022 Varsity Dance Team Selected

After days of intense tryouts, the Whitefish Bay Varsity Dance team has been selected for the 2021-2022 school year. As their season starts right away in the summer, there is no time to waste! Here is your 2021-2022 Varsity Dance Team:

Seniors	Juniors	Sophomores	Freshman
Mariella Boudreau	Chan Phung	Genesis Buckner	Elaina Madlom
Salomé White	Sophia Bach	Riese Doyle	
Rossi Doyle	Maya Gordon	Sneha Joshi	
		Ayusha Niraula	
		Erielle Miranda	
		Makayla Woodson	

Varsity Golf Team Finishes 4th in Conference, Looks Forward to Regionals

On a difficult day at the historic Whistling Straits, the Whitefish Bay boys' teams kept its composure and finished 4th at the North Shore Conference Championship on Wednesday, May 28th. Leading the way for the Blue Dukes was senior Jake Anderson, whose score of 86 placed him 13th overall and good for 3rd Team All-Conference. Senior Collin Barry had one of his better performances with a 91, good for 21st overall and earned him a 3rd Team All-Conference nod as well. Senior Cullen Starker was one shot back at 92 and good for 24th. Seniors John Wysocky and Jack Ludwikoski shot at 95 and 101. The Blue Dukes look to perform well at Regionals, which is on Tuesday June 1st at Meekwon Golf Course.



Back Gives Back Blood Drive a Soaring Success

The Whitefish Bay Blood Drive which was held on Wednesday, May 19th collected 42 units of blood and held save 126 patients in need and had 12 first time donors! Combined with the Blood Drive that was held in November, Bay Give Back collected 105 units of blood! Thank you to all the students and donors that participated!

Varsity Softball Team Secures Big Win over Nicolet and Brookfield Central

Last week was a busy one for the varsity softball team, playing five games in six days. The highlights included beating arch-rival Nicolet 4-2 on Tuesday May 18th behind seven innings of stellar pitching from senior Kacie Burns, who went the distance allowing only four hits and one walk. The key hit came in the 4th inning, when senior Maddy Hastings delivered a bases loaded, two out double to score two and seal the victory.

Next up was a Tournament on Saturday, May 22nd that was highlighted by a walk-off 5-4 win over Brookfield Central in which the final two runs were scored in the Dukes last at bat on RBI singles from seniors Katie Hess and Lily Fay!

The softball team's second-to-last home game will be on Tuesday, June 1st against West Bend East at 4:30PM.

5th Ranked Girls Lacrosse Team has Impressive Week

The WNS Girls Varsity is ranked #5 in Wisconsin girls HS lacrosse by Laxnumbers.com, the national lacrosse "ranking" website that is used for Wisconsin Lacrosse Federation state tournament seeding purposes. Today's ranking includes all of the games WNS has played. WNS is also currently ranked #2 in the Classic 8 Red Division.

VARSITY (6-3): This past week, WNS Varsity went 2-1 in games against Homestead, Wauwatosa, and Brookfield. On Tuesday May 18, WNS won 10-3 at Homestead. Allie Swietlik (WFB) led Wolfpack scoring with 3 goals followed by Chloe Bowers (WFB - 2 goals, 3 assists) and Daisy Satran (WFB - 2 goals and 2 assists). Maddie Buckley (NHS), Olivia Gscheidmeier (GerHS), and Olivia Evans (SHS) each had one goal and Chloe Quinn (NHS) added an assist. Defense was anchored by Swietlik who had 7 groundballs, and 5 caused turnovers including 3 interceptions. Goalie Lauren Reichert (WNS) came up with some key saves to dampen the Homestead offense.

On Thursday May 20, WNS celebrated their Senior Night at Lubar with a 15-1 victory over Wauwatosa. Thirteen different players scored 15 points and 10 assists, led by Buckley (2 goals, 4 assists), Bridget Nau (WFB – 2 goals, 1 assist), Chloe Quinn (NHS), Bowers, Swietlik, and Satran with 2 goals each, Caroline Van Bell (WFB) and Lily Johnson (NHS) each with a goal and an assist, Ari DePaolo (NHS) and Gretchen Yenchesky (WFB) with a goal each, and Norah Paulsen (NHS), Lily Valimont (WFB) and Gscheidmeier with an assist each. The Wolfpack played tenacious team defense, led by senior captains Claire Agnew (GHS), Ellie Lieungh (NHS) and Yenchesky, with a total of 23 ground balls and 14 caused turnovers. Goalie Reichert had 5 saves on 6 shots.

Finally, on Friday May 21, the Wolfpack lost a hard fought game 16 - 10 in the rain at Brookfield East HS. Satran led scoring with 3 goals and 2 assists followed by Nau, Valimont, and Bowers with 2 goals each and Gscheidmeier with 1 goal. The Wolfpack defense played a very solid game with big turnovers caused and groundballs won by Sophie Lex (WFB), Agnew, Lieungh, Valimont, Johnson and Yenchesky

JV (6-3): The Wolfpack JV went 3-0 this week. At Homestead on May 18, the Wolfpack JV played a strong game to win 14-2. The team's dominant offense was led by Karinna Andersen (WFB) with 5 goals and 1 assist, Clara Roepke (WFB) with 3 goals and 2 assists, Meghan Dulmes (SHS) with 2 goals, Molly Quinn (NHS) and Paulsen (1 goal and 1 assist each), and Mary Ratajczyk (WFB) and Kylie Kebbekus (NHS) with 1 assist each. As was the case with the offense, key defensive plays were spread out across the team, with 11 players getting a total of 19 groundballs and 9 different players causing turnovers including Goalie Carolina Pierri (NHS) who also had 5 stops on 7 shots.

The JV Wolfpack continued their domination against Wauwatosa at Lubar on May 20, winning 14-2 on Senior Night. Offensively, scoring was led by Andersen (5 goals, 1 assist), Paulsen (3 goals, 2 assists, Roepke (1 goal, 4 assists), Dulmes (2 goals, 1 assist) and Ratajczyk (1 goal, 2 assists). Defensively, Elizabeth Olson (WFB) led the team with 4 ground balls followed by (Ava Lavoncher (WFB), M Quinn, and Ratajczyk with 3 ground balls, Andersen with 2 groundballs and Olivia Reichert (WFB), Dulmes, and Roepke with 1 groundball each. The defensive unit was so strong that Goalie Pierri only needed to save 2 shots for the win!

Finally, the JV Wolfpack was able to hang on to a 7-5 win at rainy Brookfield on May 21. In fact, it was sooo rainy, my stats page for the JV game dissolved! The win was an entire team effort both offensively and on defense. Goals were scored by Andersen, Dulmes, and Roepke and Goalie Pierri was fabulous in the cage.

Blue Dukes Girls Soccer Program Taking Care of Business

The Whitefish Bay Girls Soccer team has improved their record to 11-0. They are currently still ranked number 1 in the State, and 15th in the nation. In the past two weeks they have victories against conference opponents Hartford (10-0), Port Washington (10-0), Slinger (10-0) and West Bend West (7-0). They also had an impressive 6-0 victory over state ranked New Berlin Eisenhower. On Tuesday June 1st they will travel to undefeated Cedarburg for a 7pm contest with the conference championship on the line.

Most of the attention has centered on the nationally ranked Varsity team, but the Junior Varsity team is enjoying a similar ride. Led by Coach McKenna Kowalski, the team is undefeated with a 10-0 record and a goal differential of 90 to 1. The closest match of the season was the game against Pewaukee, a 3-1 victory. The team has 4 games left on the schedule and hopes to finish the season undefeated. Go Blue Dukes!

Theater Program Holds Annual International Thespian Society Induction

This past week, Whitefish Bay High School Theater participated in its annual International Thespian Society Induction. Our new inductees, cast, crew, and pit students, earned the right to be called Thespians through hard work and dedication to our program. It is a title of honor signifying a commitment to an art as old as humanity. The Society was established in 1929 by a group of college and high school teachers in Fairmont, West Virginia. They named their organization after the Greek, Thespis, who was, according to legend, the first actor. Their guiding principle was a dedication to excellence in theater arts in secondary school. Beyond welcoming our new members, the event also celebrated our program's success keeping theater alive during a global pandemic through our four productions as well as our amazing graduating seniors. The theme of honoring the class of 2021 was celebrating them not only as impressive artists but also as inspiring human beings. Congratulations to all involved!



Whitefish Bay Rowers Shine at Midwest Championships and Qualify for Youth Nationals - Bethel, OH

The rowing team had inspiring performances in multiple events at their regional championships in East Fork State Park, OH on May 15-16. Whitefish Bay had 17 athletes competing with the Milwaukee Rowing Club at the Midwest Youth Rowing Championships. The team brought home 9 medals and thrived under pressure at their most important regatta of the year. They also brought home three Midwest Championship titles.

The youth women had all 11 of their crews qualify for the grand finals throughout the weekend. The girls had a big day on Saturday, with 5 crews earning medals. This was highlighted by the two following crews earning qualification for Youth Nationals. Norah Hanson (WFBMS-8th grade), Cece Engel (So), and Annie Koch (Fr) led the U17 4+(a category only for athletes under 17 years of age) to a silver medal behind St Louis. In the Varsity 8+, Gabby Engel (Sr), Sophia Simenz (So) and Francesca Hammerer (So) had a tight race and earned a bronze medal with a time of 7:04.4 behind Cincinnati (7:02.0) and ahead of Dayton (7:04.5). On Sunday, the youth women continued their strong push. Two highlights from Sunday include Mae Jones (So) and Amalia Holbrook (WFBMS-8th grade) rowing to a silver medal in the Novice 4+, and Gabby Engel (Sr) stroking the 2nd Varsity 4+ to a gold medal.

The youth men had strong performances in multiple events. The U17 8+ rowed to a silver medal with Quentin Simenz (Fr), Sam Goldstein (Fr), and Julien Califano (Fr). The U17 4+ also had a strong performance winning gold with a time of 7:38.5 and earning an entry at Youth Nationals. The Varsity 8+ also earned a trip to Nationals with a strong performance by Cole Rumpf (Jr) and Quentin Simenz (Fr), finishing closely behind St Louis with a time of 6:20.4. The 2nd Varsity 4+ had an exciting and close race of their own earning a 4th place finish with Karl Hoffmann (Jr) rowing 3 seat.

The Milwaukee Rowing Club will compete among the best crews in the country in the Womens Youth 8+, Mens Youth 8+, Womens U17 4+, and Mens U17 4+ at USRowing Youth Nationals in Sarasota, FL on June 10-13.

For results from the Midwest Championships, click here.

Interested in being a part of a nationally competitive team? You can join the WFB rowing team this summer. Get started by signing up for our <u>Learn to Row program</u>. We regularly send athletes to row in college and you could be next.



A group of Whitefish Bay rowers getting ready to race (Left to Right): Norah Hanson, Cece Engel, Mae Jones, Annie Koch, Zoe Winters, Amalia Holbrook, Jackson Colwell, Jack Hanson, Emmett Sullivan, Sam Goldstein, Julien Califano

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GIRLS TEAM

Cece Engel
Gabby Engel
Francesca Hammerer
Norah Hanson (WFBMS)
Amalia Holbrook (WFBMS)
Mae Jones
Annie Koch
Sophia Simenz
Zoe Winters

BOYS TEAM

Julien Califano Jackson Colwell Jack Hanson Karl Hoffmann Cole Rumpf Quentin Simenz Emmett Sullivan Sam Goldstein



Girls U17 4+ (Norah Hanson – left, Cece Engel – 3^{rd} from left, and Annie Koch – 4^{th} from left)

Whitefish Bay High School 2020 Athletic Hall of Fame Inductees

The induction ceremony will be on June 26, 2021 at 1:00 in the high school Link. Livestream Link: https://www.youtube.com/channel/UCgwnBarnIv8pVTrae3Oj2tw?view_as=subscriber

Dennis Berkholtz (Athlete, Class of 1963)

Dennis Berkholtz was a three sport athlete at Whitefish Bay High School where he collected eight letters in Basketball and Golf. Dennis was one of the most storied basketball players in Whitefish Bay history. He was all-Suburban Conference (three years), All-State (two years), team captain (two years), first freshman to have ever started for the Whitefish Bay Varsity team, and led his 1963 team to the Suburban Conference Championship and a #9 ranking in state. Dennis was also a member of the varsity golf team and the number one golfer his junior and senior seasons. Dennis went on to basketball stardom at Kansas State University (1963-1967), serving as captain his senior year and finish his career as the 13th leading scorer in school history. He was on the golf team as well, ranking as high as 6th in the Big Eight Conference. In 1972, he played team handball and captained the first US Olympic team at the 1972 Olympics. In 1976, Dennis was named coach of the US Olympic team and from 1996-2000 served as the president of USA Team Handball.

Jack Bleier (Coach)

Jack Bleier taught mathematics at Whitefish Bay High School from 1972-2005. While teaching, Jack coached football, boys' tennis, and boys' basketball. He coached on the football staff from 1972-74 and on the tennis staff from 1972-77. As the boys' tennis varsity head coach, he led the team to a 3rd place finish at the WIAA State Tournament in 1977. In boys' basketball, he coached from 1972-1982. The first five years were as JV Coach, the last five as Head Coach. The 1982 team finished first in the 16 team Suburban Conference. He returned to coaching boys' basketball from 1992-1998, where he and Jeff Thielke worked together as Head Co-Coaches. In terms of achievements, the 1996-1998 teams were like a Whitefish Bay mini golden era in the history of Whitefish Bay basketball. The record over those three years was 75-4, three state tournament appearance, with two of those ending up in State Championships. The 1996 remains the only undefeated basketball team in WFB history.

Hannah Wallace (Athlete, Class of 2009)

Hannah Wallace was a three-sport varsity athlete at Whitefish Bay High School where she collected 10 varsity letters in Track and Field, Gymnastics, and Volleyball. During her track and field career, she placed 2nd and 5th in the pole vault at the 2008 and 2009 state championships, respectively. Wallace totaled 4 sectional and regional individual titles between 2008 and 2009 in both the pole vault and triple jump. She served as co-captain her junior and senior year and continues to hold the WFB girl's pole vault and triple jump records. In gymnastics, Wallace earned a total of 19 state medals, 14 individual sectional titles, and 6 individual conference titles. As co-captain, she led the girl's gymnastics team to a state title in 2009. She was recognized as a WIAA Scholar-Athlete in 2009, and also received the Bill Hilgendorf and Sportswoman of the Year awards at Whitefish Bay. After high school, Wallace competed for Brown University, collecting 7 individual medals in the pole vault at the Ivy League Heptagonal Championships, including a 2nd place finish her senior year. She currently holds Brown University's women's outdoor pole vault record.

Lauren Gruber Watson (Athlete, Class of 2008)

Lauren Gruber Watson was a two sport varsity athlete at Whitefish Bay High School where she collected 6 letters in Tennis and Basketball. During her illustrious tennis career, she was instrumental in leading Whitefish Bay to the Team State Championship in 2005 and 2007. She won the WIAA Individual State Championship in 2006 while having an undefeated season (32-0) and was the WIAA State Runner-Up in 2007. She had a career record of 129-4 in her 4 years on varsity. In basketball, she was a 2-year starter on the varsity basketball team, which included placing 2nd in the WIAA State Tournament in 2006. After high school she went on to play tennis at the University of Delaware (2008) and the University of Wisconsin (2009-2012) where she finished her career as team captain and was a three time Academic All-Big Ten Selection.

Varsity Baseball Team Win Second Straight North Shore Conference Championship

The Varsity Baseball team has continued their hot start as they hold a record of 19-1, including a conference record of 15-0. In conference play, the Blue Dukes hold an impressive run differential in which they have scored 184 runs and have only given up 47.

In the week (May 17 - May 21), the Blue Dukes travelled to Hartford on May 17th and won a slugfest of 17-12. The offense combined for 17 hits that night, highlighted by senior Brady Marget going 3 for 4 with a home run. On May 18th, the Blue Dukes finished their prior game to Nicolet winning 22-4 and adding another win over the Knights 10-2. In the second game, senior JD Cohen shined on the mound going 6 ½ innings and only allowing 1 earned run. The Blue Dukes continued their strong play on May 19th with a 10-0 victory over Port Washington. Both Marget and senior Brady Counsell homered in the game. The week ended with a victory over Slinger 16-2 on Friday, May 21st.

The next week started with a nice 8-3 win at Cedarburg on May 24th. Along with a great pitching performance by senior Mike Topp, the Blue Duke bats remained hot with eleven hits including juniors Jack Nau and Caleb Bowers both having two hit games. On May 25, the Blue Dukes had another victory against the West Bend West Spartans 7-2. Seniors Jack Stecker and Marget accounted for 10 strikeouts leading to the Blue Duke victory.

Finally, on Wednesday, May 26th the Blue Dukes took down Grafton 9-0 to clinch their second straight North Shore Conference Championship. This marks the 3rd conference championship for baseball in school history. The Blue Dukes come home June 2nd versus Hartford.



Boys Lacrosse Continue to Improve Each Week

The Boys' varsity Lacrosse team went 3 for 6 the last few weeks. While it has been a challenging season for the Ripsharks, the team has hung in there and continued to improve each week despite some setbacks with injuries. Back on 5/12 the Ripsharks had a dominant performance against Wauwatosa, winning 14-1. Eight Ripsharks had goals with seniors Josh Wells and Morgan Brower leading the way with three goals each and Brower recording four assists. Others scoring for Lakeshore was senior Hank Olsen with two goals, seniors Griffin Holbrook, Finn Weresch each recording 1 goal and 1 assist and senior Ben Napierala with one goal. Senior Danny O'Brien dominated on faceoff winning almost 70% of the face-offs.

Lakeshore varsity traveled to Kimberly on 5/15 to play contests against Kimberly and Wausau. The Ripsharks defeated Wausau 8 to 6. Wells led the way with three goals and one assist. Also scoring were senior Hunter Bania with one goal and Brower with one assist. The defensive unit which included Napierala at LSM, held the Wausau offense to just 3 goals until late in the game.

Lakeshore did not fare as well against Kimberly, falling 7-10. They kept it close until late in the game, but could not catch Kimberly. Wells let the way with two goals, while Brower had one goal and one assist. Also contributing was Olsen with one goal. The Defensive unit which included Napierala, senior Ayo Kolawole, and senior Jackson Westhoff played well but had their hands full all game. Napierala had 6 controlled ground balls.

On 5/18 Lakeshore traveled to Waukesha. The boys started slow, going down 5-0 in first half, however they fought back in the second half only to fall short 8-6. Wells had one goal and one assist, Bania had one goal, Olsen had one goal, and Weresch had one goal. The defensive unit which consisted Napierala, Holbrook, Kolawole and Westhoff really stepped up their game in the second half holding Waukesha to three goals. Napierala had thre takeaways and four controlled ground galls

The Ripsharks were back on their home field vs West Bend on 5/25. They went up 4-2 at halftime, but had a rough second half, losing the contest 9-4. Holbrook led the way with two goals. Napierala had one goal and Brower had two assists. Napierala led the way for the defensive unit with four caused turnovers and six controlled ground balls.

Lakeshore wrapped up the week with a much needed win vs Catholic Memorial on 5/27. It was a cold and rainy night which significantly affected the field conditions, however the Ripsharks hammered out a 6-4 win. Wells led the way with three goals. Olsen had one goal and Holbrook had an assist. Kolawole, and Westhoff, were part of a stingy defense holding CMH to just two goals in the second half. Napierala had two caused turnovers and four controlled ground balls.